

Pathfinder Post – Keeping You Informed

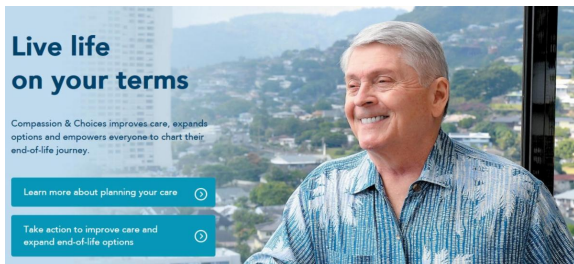
September/October 2020

Helping families navigate options during COVID-19

Kathleen Dempsey, RN, Owner/Care Manager and our team of RNs & LSWs are celebrating our **18th** year serving seniors and their families with the best Care Management in the Twin Cities.

#HappyAnniversaryToUs

Services Offered



COVID-19 has created a new sense of urgency around complex conversations as well as new questions to be considered. We find this document by **Compassion and Choices** to be helpful as people compose and update their health care directives.

[Click Here for the COVID-19-Health Care Directive Addendum Form](#)



Critical conversations succeed more often when participants experience **empathy** for one another. **Vital Talks Playbook** was created by healthcare providers in Seattle when COVID-19 hit them hard. See examples of conversation starters and prompts to help individuals and their families discuss end of life issues within our new landscape of COVID-19.

