

## Does this sound familiar?

*"I feel like we need an 'insider' on our side who can help make sure we are getting the best possible treatment."*

*"Between the doctors, the pharmacies, the rental agencies, and the insurance, I feel tied in knots—and it is consuming a lot of my time."*

*"We need an objective third party who can help all of us agree on what is best for our family."*

**We are available  
24 hours a day, 7 days a week,  
with a fast response to crisis  
or emergency situations.**

*Respectfully guiding caregiving decisions*

**Pathfinder** Care Management  
"Rent A Daughter™"

## Our history

Pathfinder Care Management/"Rent A Daughter™" formed on January 1, 2005, as a result of the merger between Pathfinder Senior Care Consulting and Estates in Transition/Rent a Daughter™.

Pathfinder Senior Care Consulting was founded by Kathleen Dempsey in 2002. Ms. Dempsey has served seniors and their families in private homes and skilled nursing facilities for over 10 years. As a certified gerontological nurse she was instrumental in the design and management of memory loss units for the Ebenezer Society and Walker Methodist, Inc.

Estates in Transition/Rent a Daughter™ was founded in 1982 by Shelley Joseph-Kordell to provide financial and care management services for older adults. Ms. Joseph-Kordell set the benchmark for the profession in the Twin Cities and made professional advocacy for the elderly her passion in life. Today, her daughter, Jennifer Kordell and Kathleen Dempsey work together to carry on her legacy of helping seniors find dignity and comfort—a legacy that forms the basis of our commitment to each of our clients.

To schedule an initial consultation, please call **612-729-9096** or **1-800-720-9096**.

*Respectfully guiding caregiving decisions*

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"Rent A Daughter™"

**"What  
should  
we do?"**



**Information for  
seniors and their  
caregivers**

## Respectfully guiding caregiving decisions

When you need caregiving guidance and answers, you want someone that you can depend on. At Pathfinder Care Management / "Rent A Daughter"™ we are committed to providing you with knowledgeable and trustworthy caregiving advice.

### What is a Geriatric Care Manager?

Geriatric Care Managers, also known as Care Consultants or Elder Care Managers, are professionals who specialize in working with seniors and their families to coordinate their care needs. A Geriatric Care Manager may be a nurse, social worker, counselor, psychologist or gerontologist who has training and experience in working with older people.

### What can a Geriatric Care Manager do?

Geriatric Care Managers offer a large variety of services to assist older people and their families in meeting their care needs. Geriatric Care Managers can help with short-term projects or be involved in a more on-going relationship.

**Our expertise:** With over 50 years of combined experience, our staff is committed and well-educated in all aspects of geriatric care management. Our Care Managers are Registered Nurses and Licensed Social Workers who have obtained certification in geriatric care management and are members of the National Association of Professional Geriatric Care Managers.



## Our professional services

**Assessment**—We provide an objective and comprehensive review of an individual's current situation and potential needs.

**Care plan**—We create a tailored care plan that includes recommendations regarding medical and health care issues, senior community resources, living options, financial and legal planning, and more.

### Research and arrangement of

**community resources**—We work to maximize independence by coordinating services, such as home health services, housekeeping, elder law attorneys, financial planners and daily bill paying, groceries/meal preparation, transportation, medication set-up and monitoring, and personal care assistance.

**Liaison**—We are the "eyes and ears" for family members, providing timely information that allows them to be involved when they can't be present.

**Coordination of communications**—We advocate with doctors and service providers to ensure understanding and approval of the treatment and approach provided.

**Relocation**—We evaluate current and potential living options and accompany family on tours of senior living facilities.

**On-going support**—We monitor services and provide regular updates to designated parties about changes and concerns.

**Moderate**—We facilitate family meetings regarding care, enabling families to reach consensus and caregiving solutions.

*Referral fees are never accepted or paid by Pathfinder Care Management / "Rent A Daughter"™.*

## The benefits of using a care manager

- Coordination of services
- Centralized communication
- Reduction of stress
- Cost savings
- Clarity of healthcare and service options
- Peace of mind
- Insider on your side
- Objective, professional viewpoint
- Highly trusted community referrals
- 24/7 availability

*Because we do most anything a caring family member would do for an elder, many of our clients think of us as their "Rent A Daughter"™.*

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